



# **Behaviour Measures &**

# **Energy Eaters**

## Change your behaviour and become more energy efficient!

- Set up a list of **golden behavioural rules** for all users of the school building.
- Let the pupils form a group of energy watchers who will check every room in school and switch off (gas & electricity) everything in the absence of users.
- Involve all pupils and teachers with the energy savings by organising events, meetings and classes.
- Involve other users of the school building as well.
- If the weather is bright, turn off the light.
- If you want to open a window, turn off the heating.
- **Close the curtains** after school hours in the winter to keep the cold out and the heat inside.
- Give the teachers, who are on patrol during playtime, a cup of tea to warm them up. Don't let them turn on the heating because the pupils will heat the room.
- Introduce a veggie day one a week at the cafeteria at school.
- Ban plastic from the food the pupils and teachers bring to school, even just for the day.
- Involve all parents in the energy saving projects during parent-teacher meetings.
- Make an Energy shop/information desk at your school run by pupils.
- Organise an **energy run** to raise money for energy saving measures.
- Remove unused equipment out of the school building.
- Recycle as much as you can in school.
- Lower the **temperature** of the heating by one degree.
- Change the settings of the server to economic speed.
- Change the settings of the cooling of the servers to a minimum where possible.
- Ventilate the classroom regularly instead of opening the window and only when the room is used.

When you download movies, e-mail, internet, watch TV and listen to music for 14 hours per day, you use +/- 845 kWh. This leads to a cost of £136.63 per year!



To save some money, make sure you use the devices a little less. Switch it off if not in use.



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#### Save more energy during holidays!

- Turn off / Turn down the heating systems.
- Turn off the **electric water heaters**. Turn off all **equipment and machines** that don't need to be on (digi boards, computers, internet connection and printers etc).

## Implement small scale technical measures to make the building more energy efficient

- Install insulation around the valves and pumps of the heating system so you don't lose heat.
- Switch off the electricity automatically during absence through an automatic clock.
- Apply motion sensors to activate lights.
- Apply automatic door closers.
- Install thermostat TRV's on radiators.
- Install radiator closers so when you open the window, the radiator automatically turns off.
- Know where your school building is leaking heat: do a **thermo scan**.
- Install energy monitoring equipment.
- Do energy proofs to measure electricity, heat etc.
- Replace all lights to LED or start with the most used rooms.
- Consult an Energy Consultant for the development of optimal energy efficiency solutions.

## To measure to know!

- Use an Energy Monitoring Tool to find out what the normal usage of the school building is.
- Use an Energy Monitoring Tool to find energy eaters.
- Find out what secret energy eaters are active during the night and turn them off.
- Monitor the **temperature of the room** constantly.



How much does your light cost per 10 hours?